



Abe's Italian

Nutrition Facts Report
Source: Custom

Yield: 1 (1.000 serving(s))
No. Ingredients: 8

Category: Basic Food
Manufacturer: (None)

Ingredients

3.500 oz. BOAR'S HEAD Black Forest Brand Smoked Ham
2.000 sl. Pork Salami, Dry, Sliced
1.000 sl. Provolone Cheese
1.000 pc. Looseleaf Lettuce
2.000 sl. Red Tomato
0.500 fl. oz. Italian Salad Dressing
0.500 oz. VLASIC Pepperoncini Salad Pepper
1.000 item French Roll or Bun

Nutrition Facts

Serving Size 1.00 serving(s) (277g)

Amount Per Serving

Calories 446 **Calories from Fat** 197

% Daily Value

Total Fat 21.9g 34 %

Saturated Fat 8.2g 41 %

Trans Fat 0.0g

Cholesterol 87.6mg 29 %

Sodium 2415.6mg 101 %

Total Carbohydrate 27.8g 9 %

Dietary Fiber 2.0g 8 %

Sugars 6.9g

Protein 33.2g

Vitamin A 47 % Calcium 26 %

Vitamin C 16 % Iron 17 %

Instructions